

CSPP Board Meeting

March 16th, 2019

1:10pm-3:00pm

In attendance: Carrie Christensen, Dean Leone, Wendy Stewart, Rachel Torello, Mickey Silverman, Donna DiCello, Ann Singer, Susanne Weil, Ryan Ochoa, Nancy Sachner, Mary Pioli, Elaine Hunter, Ellen Nasper, and Elinor Kotchen.

Absent: Jill Delaney, Ashley Clayton, Barbara Marcus, and Matthew Brennan.

I. Vote to Approve Previous Minutes

Susanne Weil moved to approved the minutes from the Board Meeting on February 16th, and Dean Leone seconded the motion. The minutes were unanimously approved.

II. Nominating Committee

The Nominating Committee is formed every other year to create a slate of candidates for CSPP's board elections. Carrie Christensen proposed a new version of this committee, called The Nominating and Board Governance Committee. It would be an ongoing committee that actively pursues potential board members and works on succession planning. The consultant that the board has hired has suggested that this new committee would address the stagnation problems that CSPP's board has been facing. The President-Elect would serve as the chairman, meaning that this position would change every 2 years. Some board members expressed concern about the evolving nature of the committee, and there was also concern about the potential overlap with The Long Range Planning Committee. Carrie moved to vote on the proposal, and Ellen Nasper seconded the motion. The group expressed a desire for more information from the consultant about what other changes she has in mind, as some board members expressed worry about making changes in a piece-meal fashion rather than have a holistic view of where the board is headed. The board took a vote on the current proposal, with 5 in favor, 8 opposed, and 1 abstention. Dean Leone proposed expanding the Nominating Committee to be a standing committee instead of an ad hoc committee, with the details of the implementation to be worked out. Elaine Hunter seconded the motion. One member voiced her opinion that the LRPC is not sufficiently transparent and wondered if this new committee would address that. 11 people voted in favor of the motion, 1 was opposed, and there were 2 abstentions. The motion was passed. Carrie reminded the board that she had emailed each board member a self assessment to fill out and send back to the consultant. The consultant will then contact each person to schedule an interview. Carrie clarified that the assessments are anonymous, except for the consultant.

III. President Elect Update

As Carrie Christensen clarified, there is no precedent for how to replace a President-Elect, now that the current President-Elect has resigned (effective in May). Carrie has consulted with the historian of Div 39, who advised to consult CSPP by-laws, and if the by-laws were silent on the matter, which they are, that the President form a committee to bring a slate to the Board, for the Board, not membership, to vote on. Carrie has formed the Ad Hoc President Elect committee, which is comprised of Elaine Hunter, Mary Pioli, and Susanne Weil. Carrie requested that board members brainstorm ideas for nominees and get back to her. The committee has been considering flexible approaches, such as a shared position, allowing for an extra 6 months to find someone, or an interim position.

IV. Regional Rep Stipend Increase

At the last board meeting, Carrie Christensen proposed increasing the funds for the Regional Reps by redistributing the allotment that the Eastern region is not using. In September 2016, the board voted that each regional representative get \$300 in the form of a check from Jill Delaney. If they needed more, they could come to the board, which would vote on allowing them more funds. Carrie proposed increasing the initial amount from \$300 to \$500 because two regions are quite active with events. Elaine Hunter seconded the motion. Someone inquired about what happens to unused funds. It was suggested that when committees give their annual report in May, they provide transparency of how their money is being used. Wendy Stewart agreed to amend the Policies and Procedures to indicate that Regional Reps must provide a budget. Ryan Ochoa said that he would provide a spread sheet at the next meeting that Regional Reps can use. The vote to increase the allotment to \$500 via a check was unanimously approved. Ryan will provide detailed procedural instructions, to be voted on at the May meeting.

V. University Outreach Committee

Ryan Ochoa addressed the fact that Donna DiCello and Matthew Brennan, both members of The University Outreach Committee, are both resigning. Donna suggested that the committee be subsumed under The Early Career Committee, as a function of that committee. This change would need to be reflected in the Policies and Procedures. Donna also spoke about the need for more of a system to welcome new members. As Dean Leone has recently taken on the role of New Haven Regional Representative, Donna will be taking on more responsibility for the Early Career Committee, such as matching mentors and mentees and planning events. Donna indicated that she would present a proposal for reconfiguring the Early Career Committee in May.

VI. Clinical Conference Committee

Ellen Nasper apologized for leaving off Elaine Hunter from the list of members of The Clinical Conference Committee. She said that she is hoping that Karlen Lyons-Ruth will present on December 7th. She has not been able to reach her but has a contact who may be able to connect with her. Dean Leone indicated that he does not yet feel prepared to do the member presentation

next spring. The group considered other possibilities: Les Greene, who does group therapy, Les Lothstein, who speaks on sexual perversion, Jenifer Nields, who addresses the mind-body interface, including psychosomatic pain, and Merritt Juliano, who focuses on climate change. The group spoke about the need to have a diverse range of presenters, since so far, many of the presenters are male. There was an informal vote, and the majority voted on Jenifer Nields. Ellen requested Committee Reports from all Committee chairs to compile and provide to Division 39 at their April conference. Mickey Silverman raised the issue of considering how CSPP addresses political activism.

VII. Racialized Experience Study Group

Ellen Nasper provided an update on the Racialized Experience Study Group, which has had 2 meetings. They were both well attended. The participants were very engaged, discussing interesting readings by Neil Altman and Melanie Suchet. The group is currently closed until June, at which point it will reopen to other participants.

VIII. May Meeting

Carrie Christensen encouraged each board member to bring a guest to the May meeting. All members are invited to attend all board meetings, but the meeting in May is a formal business meeting. Members at large are to arrive at 9:15. There will be time for questions and answers, feedback, and suggestions. Carrie encouraged the group to think about how it can be more transparent as a board.

IX. Other

There were 75 attenders at today's conference. Rachel Torello suggested revisiting whether to give a stipend to CSPP's member presenters. Rachel proposed that CSPP pays member speakers \$500, effective this morning. Elaine Hunter seconded the motion, and it was unanimously approved. Carrie Christensen agreed to follow up with Jill Delaney about it, and Ellen Nasper will follow up with Ingi Solomon, today's speaker. Wendy Stewart said that she would change the Policies and Procedures. As for the timing of the board meetings, many people said that they liked the earlier time. Some people expressed interest in holding a longer board meeting periodically, such as once a semester. The board agreed that recent meetings have been less contentious. It expressed the hope that the consultant can help them become more efficient and can provide input on how to structure the board meetings. The group gave Carrie feedback that she has been doing a good job of sticking to time limits and being efficient. The Fall board retreat is already scheduled, and the consultant will have her final report for the board before then. Someone requested that all board members all get a copy of the report.

Carrie Christensen moved to end the meeting, Wendy Stewart seconded the motion, and the meeting was unanimously adjourned.

