**CSPP Board Meeting**

**September 24, 2016**

In attendance: Rachel Torello, Dean Leone, Ellen Nasper, Mickey Silverman, Susanne Weil, Jeffrey Asmar, Barbara Marcus, Allison Brownlow, Elaine Hunter, Anne Singer, Ashley Clayton, Nir Yeduhai, Carrie Christensen, Jill Delaney, Nancy Sachner, and Elinor Kotchen.

Absent: Wendy Stewart

I. **Welcome to new Board Members**

Ashley Clayton, Elinor Kotchen, Nir Yeduhai, and Susanne Weil

II. **Vote to approve the minutes of our 5/7/16 meeting**

Rescheduled for the Retreat

III. **Retreat Information**

The retreat will be held at Elaine Hunter’s house, Saturday, October 1st, 10:00-3:00

IV. **Budgets:** Rachel Torello

Rachel initiated discussion of which committees need budgets and how much they need. Jill Delaney noted that CSPP currently has $60,000. Regional Representatives are currently allotted $300 each. If Regional Reps want more, they may request a figure, and the board must approve it. Ellen Nasper spoke about the possibility of the Diversity Committee renting space for its events, which would involve greater expenses. She reported that the Whitneyville Cultural Center currently charges $170/event. Dean Leone moved to approve $200/event for Diversity Committee. Elaine seconded, and it was unanimously approved. The board agreed that $300 would be allotted for each of the 4 Regional Reps, $200 would be allotted to the Long Range Planning Committee, and $600 would be allotted for the Diversity Committee. Barbara Marcus requested that at the annual spring business meeting, the committee chairs submit a summary of the past year’s budget, as well as budget requests for the upcoming year. Ellen Nasper noted that if the time of the clinical conferences is changed to earlier in the day, speakers may need to be reimbursed for hotel and possibly dinner expenses the night before, which will affect budget for clinical conferences.

V. **Joint Conference Committee:** Barbara Marcus

Barbara reported that there are currently 86 conference registrants for the October conference, including 5 students. There has been low enrollment for Eileen McCann’s workshops, but a few more have now signed up. The registrations have now covered the cost of the conference. On Friday, October 21st, there is a preconference dinner for the speakers from 6:30-8:30 at Kay Long’s house. CSPP board and WNEPS board are invited, along with significant others. There will be crepes and wine, and it is $40/person. RSVP to Barbara Marcus. 2 CEUs have been approved for the conference, although the brochure says 3 CEUs. Elaine Hunter agreed to send out an email to registrants to clarify discrepancy. There will be no CEUs for the clinical workshops.

VI. **Board Communication:** Elaine Hunter and Rachel Torello

Elaine stated that all board members should have received an email from her with the new Google Groups web address. Board members were reminded to be careful to only send communication to the board, not all of CSPP. Rachel requested that everyone be more efficient and concise in email correspondences and respond only to most recent response. Rachel encouraged the board to attend all clinical conferences and suggested a possible reduced rate for board members. Elaine encouraged new board members to read CSPP’s bylaws on its website.

# VII. Registration Committee: Carrie Christensen and Nir Yeduhai

Carrie reported that 98 people are registered for today’s conference, including 17 non-members. She noted that more volunteers are needed for the registration table. Jill Delaney, Elaine Hunter, and Ashley Clayton agreed to help out. Elaine Hunter, George Hagmann, and Mary Daley have volunteered to set up more chairs for the conference, as needed.

VIII. **Clinical Conference Committee:** Ellen Nasper

Ellen raised the issue of timing of the conferences. As she reported, we have a signed contract with NHLC through Spring 2017. NHLC has amended the terms to serve lunch if the conference goes later than 11:00am. If they serve lunch, they want us to sit at round tables. Thus, we can’t meet in the lounge but, instead, in the main dining room to accommodate enough people at round tables. With our current conference schedule, we are paying for both breakfast and lunch for attendees. Ellen reported on the results of the survey sent out last spring; the majority (or plurality, in the case of Fairfield) wanted to have the conferences 9:00-11:00, so as not to have lunch at NHLC. With that timing, the question remains of when to have board meetings. Ellen will present some data at the retreat about costs of alternate spaces. Nobody was certain about whether NHLC will be charging extra today for the use of the room for the Speaker’s Lunch. Ellen presented the schedule for upcoming conferences:

September 24th- Galit Atlas

October 22nd- Michael Feldman

Dec 10th-Gurmeet Kanwal

January, 2017- Richard Cheffetz

March 25th -Nancy McWilliams

April 22nd - Maria Elena Oliva- - CSPP member

Ellen welcomed suggestions for other speakers. Carrie Christenen pointed out that NASW has new requirements for CEUs covering issues around veterans and cultural competency. Ellen indicated that she did not feel that CSPP needs to address veterans issues, unless we find a speaker who is psychoanalytic. She added that she does not feel that it is CSPP’s role is to fulfill all CEU requirements.

IX. **Newsletter Committee:** Mickey Silverman

Mickey stated that there is the need for another member of the committee who is willing to submit contributions to the newsletter. The board expressed interest in having a relatively new member be on the committee. Mickey agreed to send a request through the listserv. Mickey is hoping the Fall newsletter will be out before the December 10th conference, and it will cover Galit Atlas’ conference and the joint conference. There was a discussion of whether the newsletter and other communication can express political views or opinions about presidential candidates. The board agreed that it is inappropriate for the board to publically express political views. It was noted that the APA has said it is unethical for clinicians to use diagnostic labels for political figures or to come out as authorities about the mental health of public figures.

X. **Early Career Committee:** Rachel Torello and Elaine Hunter

Rachel reported that last year, the committee matched 10 dyads of mentors and mentees. The question was raised of whether to add a position of Early Career Representative. It was suggested that it could be incorporated into the position of Past President or President Elect and/or for a current board member who has fewer responsibilities to take over this role. The job would involve working with the committee to plan 1 or 2 networking events throughout the year, checking in with dyads to see how they are doing, and making new matches as new members join. One purpose of the Early Career Committee is to draw more young/new members.

XI. **Diversity Committee:** Ellen Nasper

Ellen reported that the committee currently has 10 members- 4 of color, 6 Caucasian. Last year it held several meetings focusing on internalized racism. As Ellen said, they would like to do more outreach and have a more diverse membership. 3 workshops are planned for this year: 1)Nancy Myers-Lustman: Nov. 13th, transgender children. 2) A workshop on the “White Fragility” article, which challenges how people think about racial issues. In winter, date TBD. 3)Mickey Silverman will lead a workshop on recognizing our own biases and increasing self-awareness while reducing our own shame. In spring, date TBD. Allison Brownlow pointed out that she has another event scheduled for the same weekend as the talk by Nancy Myers-Lustman. There was discussion about the implications of booking 2 CSPP events on the same weekend and whether that will decrease attendance for each. Rachel Torello proposed that we discuss guidelines for scheduling at the Retreat, to avoid duplications/overbooking.

Elaine Hunter moved to adjurn the meeting. Ellen Nasper seconded. The meeting was unanimously adjourned at 10:05 am.