**CSPP Board Meeting**

**December 10th, 2016**

**8:35am-9:57am**

In attendance: Rachel Torello, Dean Leone, Ellen Nasper, Mickey Silverman, Susanne Weil, Jeffrey Asmar, Allison Brownlow, Elaine Hunter, Anne Singer, Nir Yeduhai, Carrie Christensen, Jill Delaney, Nancy Sachner, Wendy Steward, and Elinor Kotchen.

Absent: Ashley Clayton and Barbara Marcus

I. **Vote to Approve Previous Minutes**

Board members proposed some edits to minutes from September 24th board meeting. Ellen Nasper moved to approve the edited minutes, Elaine Hunter seconded the motion, and it was unanimously approved. Board then voted to approve minutes from the Board Retreat on October 1st. Ellen Nasper moved to approve the minutes, Dean Leon seconded the motion, and it was unanimously approved.

**II. Division 39 Representative**

Rachel Torello announced that Nakia Hamlett recently resigned as CSPP’s Division 39 Representative, therefore CSPP now needs a new representative. Ellen Nasper volunteered. Rachel Torello appointed Ellen as the Division 39 Representative for the remainder of the academic year. Ellen will represent CSPP at the Division 39 conference this spring.

**III. Registration Committee**

Nir Yeduhai reported that 51 people have registered for today’s conference. Nir has tried to recruit people to serve on his committee but has not had any success. Rachel Torello indicated that she would make an announcement at today’s conference asking that people join the committee.

**IV. Membership Renewals**

Since Ashley Clayton was absent from meeting, Rachel Torello gave membership renewal update. 125 people have renewed their membership, but 114 have not yet done so. The official renewal process ends January 1st. Afterwards, CSPP’s bookkeeping gets complicated. Rachel encouraged board members to tell their colleagues to renew online or by sending check to Ashley. Carrie Christensen indicated that since this is last conference of the year, people often bring checks for renewal today. Elaine Hunter volunteered to sit at registration table today and handle renewals. Rachel said that she would announce the need to renew at today’s conference, so that members can maintain membership rate and remain on CSPP listserv.

**V. Scholarship Proposal**

Carrie Christensen read a draft of a proposal she wrote to award a scholarship for a nonmember to attend one of CSPP’s clinical conferences. CSPP would distribute the application to our membership through the listserv, as well as to its professional contacts. Ellen Nasper raised possibility of scholarship recipient attending more than 1 conference, and she suggested that it be for a whole season of CSPP’s conferences. Rachel Torello suggested that Carrie lead a subcommittee that will work out details of the scholarship. Carrie, Ellen, and Elaine Hunter agreed to be part of the subcommittee.

**VI. Clinical Conference Committee**

Ellen Nasper reminded the board that the next conference, scheduled for January 28th, will be Richard Cheffetz. He will be presenting on Dissociative Processes and Working with Chronic Shame. Cheffetz has proposed that he do a 90 minute theoretical presentation, followed by a break, then a 90 minute segment in which 2 or 3 members present a brief case presentation and Cheffetz offer case consultation/supervision. Ellen asked whether board members were interested in this format and whether CSPP should raise the fee for the conference. It was suggested that the conference be held from 10:00-2:00 and that the fee be raised to $80/$90 (late fee). The revised timing and fee were moved, seconded, and unanimously approved. Ellen stated that, due to a scheduling conflict, CSPP member Maria Oliva has changed the date of her conference to May 6th. Ellen then spoke about her proposal for a future conference focused on attachment theory and the Adult Attachment Interview. CSPP would coordinate with the Yale Child Study Center and the Connecticut Attachment Network. The conference would include theoretical information in the morning, followed by an afternoon of clinical presentations involving attachment work being done in schools, with adults, with kids, etc. Allison Brownlow suggested that Regional Reps could present mini meetings about AAI as follow-up. In regards to possibly changing the venue of CSPP conferences, Ellen indicated that the Greenberg Center has more parking than she originally thought—almost 100 spaces, though on a hill. Ellen then raised the issue of whether CSPP should fulfill the CEU requirement for veteran’s issues. The board agreed that CSPP should only fulfill the requirement if it finds a good speaker who is psychoanalytic.

**VII. CSPP Finances**

Jill Delaney reported that the bill from the NHLC for the September 24th conference was $5300. Ellen Nasper and Rachel Torello agreed that they would meet with the NHLC administration to discuss fees and try to renegotiate the price. Rachel indicated that CSPP is now losing money on every conference.

**VIII. Post Election Meetings**

Rachel Torello reported on CSPP’s post election meeting at UNH in Orange. Susanne Weil indicated that 10 people attended the regional meeting in Fairfield. Rachel stated that there will be follow-up meetings in the coming months. Mickey Silverman raised the issue of using the newsletter as a vehicle to share clinical experiences related to the election in a general way without expressing overt political views.

**IX. Newsletter Committee**

Mickey Silverman said that she plans to have the next issue of the newsletter out in mid-January. She was not able to release the last issue because of illness. She asked board members for short submissions on conferences they have attended, and she indicated that she would like more shorter submissions in the next newsletter.

**X. Regional Representatives**

Susanne Weil reported on coming events in the Fairfield region. In January she will hold a movie mini meeting, as well as a case presentation with an analyst from NIP. In March Sharon Ferber will speak at a Fairfield mini meeting about the wounded healer. As Susanne said, she will plan an event every month and gauge interest from members. In the New Haven region, Jill Delaney will speak on March 18th.

**XI. Changes in Leadership**

Rachel Torello reminded the board that she will be in Italy from February- May. Carrie Christensen will chair the meetings, and Rachel will be available by phone, email, or Skype. Dean Leon confirmed that he is taking over the Early Career Committee.

The next board meeting is scheduled for January 28th.

Dean moved to end meeting, Elinor seconded, and it was unanimously approved.

**Appendix**

**Minutes from CSPP’s Clinical Conference Committee Meeting on December 3rd, 2016**

Attending: Mary Daly, Elaine Hunter, Kathryn White, Ellen Nasper, Chair.

Absent: George Hagman, Ingi Soliman

1. **Remaining Conferences for 2016/17**

**December 10, 2016: Gurmeet Kanwal, M.D.** As of this writing registration is 49.

**January 28, 2016: Richard Chefetz, MD on “Dissociative Proesses & Working with Chronic Shame**. **\*\*\***Ellen reported that several CSPP members had requested that Dr. Chefetz extend his presentation to provide clinical consultation in the afternoon. Dr. Chefetz suggested an alternate plan: that he do a 90 minute clinical theoretical presentation followed by a break, then a 90 minute “fishbowl with two or three cases presented briefly and discussion extemporaneous.” The committee approved this idea contingent on the following:

1. Board approval. The easiest way to extend our program would be to start the program at 9am. It could then run until 12:30 as usual. This would require changing the Board meeting time.
2. Whether NHLC could accommodate this.
3. Would we raise our fee for this conference?
4. We would need to identify members willing to present case material to Dr. Chefetz.

Ellen will contact Dr. Chefetz to obtain a more precise description of the nature and extent of case material he would want presented to him.

**March 25, 2016: Nancy McWilliams, Ph.D**. on a topic TBD. The committee encouraged Ellen to contact Dr. McWilliams to identify a topic and title soon.

**\*\*\*April 22, 2016: Maria Elena Oliva, LCSW on The Importance of the Mother Tongue. Need to find new date** It turns out that WNEPS will be holding a half day presentation on the same date. Maria is agreeable to finding another date for her presentation. Ellen will follow up on this will NHLC.

**II.** **Speakers for 2017/2018**

Ellen has obtained many recommendations from CSPP members for topics and speakers for next year The committee reviewed the list and agreed on the following possible speakers:

**Deborah Luepnitz,Ph.D**. Writes about couples and relationships, author of *Schopenhauer’s Porcupine.* “Winnicottian and Laconian. She does work with homeless in Philadelphia amongst other community clinical endeavors. She wrote because she went to London and interviewed Winnicott’s patient “The Piggle”. Just finished reading the paper, is amazing and I thought this might be of interest to the CSPP community” (Norka Malberg)

**Anton Hart, Ph.D**. Presented 'Opening Up the Subject(s) of Difference: Cultivating Curiosity as an Alternative to Multicultural Competence' in London, appears in Black Analysts Speak. Fellow, Training and Supervising Analyst and Faculty, William Alanson White Institute in New York City. A member of the IPA and ApsaA. Recommended by Maria Oliva and Loretta Staples who described his discussion of clinical case “brilliant”.

**Daniel Shaw, LCSW.**  Authored*Traumatic Narcissism: Relational Systems of Subjugation* (Routledge, 2014), excellent book. Has organized multiple “Affect Regulation” conferences in NYC that have drawn on psychodynamic and neuroscience speakers in collaboration.

**\*\*\*Howard Steele, Ph.D.** Ginny Schiller and Susan Goodman approached me saying Dr. Steele is interested to do a training on the clinical applications of the Adult Attachment Interview for adult clinical work. Ginny and Susan wondered about the possibility of a joint conference with the Child Study Center.

Ellen is part of the Connecticut Attachment Network and raised the idea to do a day long conference on the applications of Attachment Theory in adult and child clinical work and early childhood education. This could involve having Dr. Steele and someone else present in the morning, and break out into focused group discussions in these 3 areas in the afternoon.

**\*\*\*Speaker on Veterans Issues.** Several members have asked if we could fulfill the new requirements for education about working with veterans. The committee would be agreeable if the speaker brought a psychoanalytic framework (although some wondered whether this should be the role of CSPP). We aren’t clear about the requirements for the content of the training.

Ellen has contacted Connecticut Psychological Association, and Elaine agreed to contact NASW, to find out more information about the training requirements. CPA referred us to the State Department of Public Health Website concerning Continuing Education Requirements for Psychologists:

“For registration periods ending after January 1, 2016, each licensee applying for renewal is required to complete not less than two contact hours of training or education (and not less than once every six years thereafter) on the topic of mental health conditions common to veterans and family members of veterans, including (A) determining whether a patient is a veteran or family member of a veteran, (B) screening for conditions such as post-traumatic stress disorder, risk of suicide, depression and grief, and (C) suicide prevention training “

We wondered if it would be helpful for there to be an article in the Newsletter to inform the membership about these requirements.

**CSPP Member Speaker** The group discussed various possibilities. Kathryn White has done a presentation about her work with a woman whose mother was psychotic. The presentation includes a video, made by the client, talking with her mother. Kathryn says it’s a powerful presentation . This seemed an interesting idea. Susan Nathiel, another CSPP member, has also written about growing up with mothers with mental illness. It might be possible to have both present together. This will be further explored.