**CSPP Board Meeting**

October 19, 2013

**Present:** Elaine Hunter, Jill Delaney, Dean Leon, Michael Kahn, Wendy Stewart, Mickey Silverman, Barbara Marcus, Ellen Nasper, Nancy Sachner, Lois Fox, Ann Singer, Allison Brownlow, Anna Badini, Carlo Codato, Rachel Torello

**Absent:** Ira Moses, Jany Keat, Dale Ortmeyer

Rachel’s minutes:

1. **Vote to approve minutes from the September 21, 2013 meeting**:

Voted to approve minutes with correction to Treasury report.

Motion: Lois

Second: Ellen

1. **Opening remarks**: Elaine Hunter

* We have 42 registrations for today’s conference. Elaine will be addressing the audience today in Ira’s absence. She will remind everyone to submit their membership renewals and direct non-members to the website to become members.
* Board Retreat: Saturday, January 11 from 10-3 at Elaine’s home.

1. **Joint Program Committee Update**: Barbara Marcus

Panel will be on men & masculinities.

**Sid Phillips** will be moderating the panel

**Michael Diamond**, who has written extensively about masculinity, will be a presenter.

**Donald Moss** has also been invited to present. Negotiations are under way.

Barbara and Angelica Kaner will be meeting with Carol Goldberg to discuss financial commitments.

**Ira** **Moses** has offered to provide some clinical vignettes.

Tentative date: November 1, 2014

Barbara is working with Carole Goldberg from Western New England on establishing a budget.

Board voted and approved of Barbara’s efforts and forward movement, including preliminary approval of the funds needed (pending final approval of the dollar amount).

1. **Efforts to expand our emailing list**: Dean Leone

In response to his outreach to our membership, Dean received 35 suggestions from on potential agencies who might be interested in receiving our conference announcements – 10 of them were implemented for this conference.

1. **Revision of our brochure**: Anna Badini & Elaine Hunter

Elaine has created a brochure to be used in the interim as the final version is worked on.

1. **Revised treasury report**: Jill Delaney

We made $2000 on Beebe conference.

In total, we made $4900 profit last academic year.

Currently have a checking account balance of $14,731.

1. **Corresponding secretary**: Ellen Nasper

Ellen has received close to 80 renewals.

Some members are requesting to renew via the website. Rachel will look into this as a possibility for next year.

**Diversity Initiative.** Ellen has been having a difficult time with the scheduling of committee meetings. Requested that we have diversity within the organization as a topic for the retreat in January.

1. **A suggestion from Dee Unterbach** during the recent Listserv discussions (about how The Affordable Care Act and insurance companies are impacting us):  
   “I am wondering if someone from CSPP should/could have formal contact (with) "Healthy Ct" executives/ administrators. There are two main purposes to this proposed meeting: let "Healthy Ct " know of our existence and begin a discussion towards creating a bridge to referrals to our members. It seems to me that the more community based partnerships that we develop, the more the skill and expertise of our members is made public, the better for all involved: organizational providers, patients and practitioners. The Affordable care Act can be an opportunity to expand our presence and our practice. At least I hope so.

Thank you for your consideration.”

Nancy: reminded us of our mission, and that we not a particularly political organization. Board discussed the extent to which CSPP should get involved in political activity.

Wendy: pointed out that it would be helpful to know what the state regulating agencies say. Magellean is restricting services based on cost.

Mickey: pointed out how important it is to educate about the continued relevance of psychoanalytic thought as we continue to have to work hard at counteracting the biases and prejudices against psychoanalytic thinking.

Michael: we are not equipped to be an advocating body against insurance companies, but we can be an agent of support for members who are affected and interested in the issues at hand. Therefore, we should be talking with Healthy CT in that vein.

Ellen: points out that attachment theory’s applications widespread in a variety of state/government agencies and their treatments.

Allison: we should start with a mini meeting introducing members to the implications of the Affordable Care act. Should tell Healthy CT about what we do as an organization.

Lois: we need to gather more information

Jill: we should not reinvent the wheel on this. Should just educate ourselves.

Dee had volunteered to take on this initiative. Elaine will contact Dee about chairing an ad hoc committee to gather information about the Affordable Care Act. Will invite her to our next Board meeting to discuss this.

Wendy’s minutes begin here (sub for Rachel):

The purpose of the committee would be to (1) gather information regarding the ACA’s impact on our field and (2) find out what our parent organizations ( i.e. the CT Psychiatric and Psychological Associations) are doing about this issue.

* Allison asked that we set a date for the New Haven regional mini-meeting which will involve a discussion of the film, “Stories We Tell.” It was decided that the meeting will be held on November 16 from 2-4 pm at Allison’s home. Allison will send out the announcement through Mail Chimp with Jill’s assistance.
* Michael distributed a copy of “A Guide to Mishegas” (as a possible antidote to DSM V) for the Board’s perusal and amusement.
* Jill re-emphasized that Mail Chimp is up and running and available for the Board’s use. It has the potential to be used to send announcements to any group category but currently is set up for Board members to disseminate information among each ourselves and to the general membership in a format that is uniform and professional. All announcements should, for the time being, be sent to Jill.
* Elaine asked Michael to distribute an alternative format for the Directory (currently used by the Massachusetts Institute for Psychoanalysis) in which membership status is included, and specialties and location are listed at the end of the membership listings. Since the idea of identifying student members separately raised some complicated issues as well as the overall cost of reformatting, it was decided to table further discussion until the Retreat.
* Mickey gave a report from the Newsletter committee. She suggested that she send an announcement to the membership through Mail Chimp clarifying their policy that all drafts of possible submissions to the Newsletter are welcome. She also discussed other plans such as expanding the Photo Essay, a column highlighting concepts in the Analyst’s technical “toolbox”, and a column on “controversial” issues using a point/counterpoint format.

Respectfully Submitted by:

Rachel Torello & Wendy Stewart

*Substituting for Jany Keat*