

Connecticut Society for Psychoanalytic Psychology
Minutes of the Executive Board Meeting
Saturday, December 1, 2012
8:15 – 10:10 AM

Attendees: Anna Badini, Allison Brownlow, Carlo Codato, Jill Delaney, Lois Fox, Elaine Hunter, Michael Kahn, Dean Leone, Barbara Marcus, Ira Moses, Ellen Nasper, Dale Ortmeier, Inge Ortmeier, Nancy Sachner, Mickey Silverman, Wendy Stewart, Rachel Torello

Absentees: Ann M. Singer

Elaine welcomed the Board Members and opened the meeting.

I. Clinical Conference Committee—Ira Moses

- The first meeting was held, and proposed were:
 - *A few names and dates, others are tentative
 - *Increase the level of discussion
 - *Keep papers shorter
 - *Keep people more actively involved
- Professional Development
 - *Ethical issues in our practice keep resurfacing
 - *Names need to be finalized
 - *Can we digitize presentations? Charge fees?
We would need cameras, etc.
- Continuing Education
 - *An online discussion group for 6-8 weeks is being considered
We can file for CEUs
 - *We can have a discussion with the Committee, then it is
up to the Board to delegate Continuing Education
 - *A new Committee? It is time consuming.
 - *Seek partnership/linkage with a sister organization?

II. Website Committee—Rachel Torello

- Seven new members since September were added
A list was distributed
- Rachel reviewed and explained the procedure for accepting new members
- Dean prepared a description of Committees that can be placed in the welcome packet.
- Revamping the website with the web administrator (Terry) and the committee should be completed by the end of January

- Someone else will be assigned to take over for Rachel while she is in Italy, if need be .

III. Membership Renewal Update—Ellen Nasper

- 135 renewals were received. 34 paid the extra \$10. No student members
- 2 notices send by Stephanie Kloos were returned as undeliverable/change of address
- 36 have not yet renewed. Some board members will contact familiar or known names
- We agreed to give \$10 gift certificates to members who mistakenly paid the late fee after the deadline was extended (because of hurricane Sandy)

IV. Registration—Carlo and Inge

- 19 registrations (one took advantage of a coupon), some are non-members
- Carlo mentioned that in the past registrars paid a lower fee.
- Elaine moved to reaffirm (whoever works at the table gets a reduced fee because they miss a big portion of the presentation)
- Motion unanimously approved
- Allison volunteered to join/help the table of registrars on Feb. 9th because Inge will be away.
- Inge moved that George's fee be lowered to \$10, since he still works although he is not longer on the board.
- Motion was unanimously approved
- Six board members will join the presenter for lunch and will pay for themselves
- We agreed that if George wants to stay for lunch, he will pay for himself too

V. Treasury Report—Jill Delaney

- Still in the process of compiling the report
- \$5,000 in checking;
- \$7,300 in CDs;
- \$11,475 received from members;
- We paid two presenters (total was \$2,002), and Stephanie \$489, for a total of \$2,491
- We are able to sustain ourselves, but are always on the edge
- We should brainstorm about how to further reduce our use of Stephanie's services
- Barbara, Michael, Elaine joined the committee
- We should keep in mind that we are a non-profit organization, so having a small amount of reserve cash isn't unusual

VI. Long Range Planning Committee Report—Nancy Sachner distributed a report

The next LRP committee meeting is February 2, 2013. Two very productive meetings were held:

- At Wendy's house on Oct. 14
 - *It was agreed to develop a system for the coordination of communication
 - *A draft of the mission statement was proposed
 - *Updating the by-laws was discussed
 - On a conference-call on November 18
 - *worked to clarify mandates, overlap and definitions of the various committees
 - *Proposals were offered for enhancing goal-directed work, i.e.: to establish a new Professional Development Committee person to coordinate the program—an evolving process
 - The revised mission statement that Elaine distributed was preferred, but Allison proposed that "psychoanalytic thinking" replace "psychoanalytic psychology"
 - A discussion ensued about how to modify the statement and Elaine suggested that it be re-circulated for more suggestions to incorporate, such as "neuropsychology", as Dale offered. All board members should send Nancy their suggestions before Feb. 2.
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- New position to be created: Communications Coordinator, to be held by the listserv manager, and a co-coordinator's position to be held by the President Elect
 - *Jill explained "Mail Chimp"—the email program, and suggested that a meeting be set up for anyone who wants to learn the system
 - Barbara pointed out that there is a special website to facilitate coordinating a meeting schedule
 - A motion was made to create the positions of Committee Coordinator and Co-Coordinator on a trial basis to be reviewed at the time of our next retreat.
 - Motion was unanimously accepted.

VII. Allison Brownlow

- Asked for board attendance to mini-meetings
- Allison described a mini-meeting for Jan. 20, 2013 which will include all CSPP Regions. The title of the meeting is "Marketing Your Private Practice". CSPP member Susan Budrick will present how she developed a very solid practice in a rural part of CT during these difficult times. This meeting is a reaction to the NYT article on "Branding" but has a more positive scope. The article

will be open for discussion but is not the general thrust of the meeting.

Elaine adjourned the meeting at 10:10 AM

Respectfully Submitted:

Anna M. Badini, Ph.D.