

Please join us for our Early Career Mini-Meeting  
For  
CSPP Early Career and Student Members

## ADOPTION: LOSS AND ATTACHMENT



Instructor: Irene Studwell, LCSW

Saturday, November 11, 2023  
Zoom 9:30-12:00pm

Via Zoom (Link will be sent prior to the first session)

This meeting is free of charge

Adoption begins with a traumatic loss and progresses, we hope, to a secure attachment with a new family. The numbers of adopted children and adults in therapy lets us know that somehow this process often goes awry and it is difficult for parents and therapists to understand why this happens. Why do some children, even after years with stable, loving families still show extreme feelings and behaviors? What issues are agencies missing in their preparation of prospective parents during the placement process? In this presentation, we'll take a look at the stresses and losses of adoption, and some ways to help children and families reach secure attachment.

Irene Studwell, LCSW is a clinical social worker/psychoanalyst who maintains a private practice in White Plains, New York. She has worked with children, adolescents, adults and couples for over 25 years, and is the Co-Director of the Child, Adolescent, and Parent Program at the Westchester Center for the Study of Psychoanalysis and Psychotherapy. She has worked with adoptive parents and adoptees through the life cycle, and is an adoptive parent.